

# The Birches

## Community Matters Newsletter

Kingsthorpe, Much Birch, Little Birch,  
Aconbury & Wormelw June 2023



Much Birch Coronation  
Community Café was held  
on Saturday 13th May in  
Much Birch Community Hall



### Little Birch Coronation Lunch

On Sunday 7th May, as part of the National Coronation Big Lunch, 60 of us gathered together for a 'bring and share' lunch at Little Birch Village Hall.

An impressive selection of food was brought along by those attending and it was wonderful to see so many friends and neighbours old and new.

The afternoon ended with three cheers to our new King Charles III and thanks were given to everyone who came along and made this such a special community event to celebrate a moment in history that had not been seen for 70 years.

**Ben Roberts**

Chair, Little Birch Village Hall Committee.



## Visit to the Royal Garden Party



We were very surprised and honoured to each receive an invitation to the Garden Party at Buckingham Palace to celebrate the Coronation on Tuesday, 9<sup>th</sup> May 2023. We were nominated in recognition for services to the community.

We spent an enjoyable afternoon in beautiful sunshine, soaking up the atmosphere, taking in the fashions, enjoying the music of the 2 bands, all the pageantry of the occasion, meeting people in the crowds, as well as exploring the beautiful gardens, sampling the delicious tea and later the ice-creams, and of course observing the presence of the Prince and Princess of Wales, William and Catherine, the Duke and Duchess of Edinburgh and Princess Anne who circulated around the guests.

We felt so privileged to have attended such an event and we are very grateful to all the people who have helped and supported us in our voluntary work over the years.

**John and Sylvia Jones**

## A Plea on Behalf of Little Birch Parish Council

As many may know, after the recent local elections Little Birch PC has only 3 out of it's required 5 councillors in post and despite notices in the Newsletter no-one has come forward. Moreover, Mara and I have sold our home and will be moving closer to our daughter in North Hereford within the next few months provided the sale proceeds smoothly. I will have to resign when we move.

The PC must have at least 3 councillors present at each meeting otherwise it would be inquorate and could not conduct business. Should any one of the present councillors be unable to attend a meeting then decisions could not be made. We are desperately keen for new councillors to come forward and ideally we need 3 extra, all of whom could be co-opted onto the committee without the need for an election. Anyone over 18 who either lives in the Parish or within 5km of it is eligible to join. We meet monthly except for the month of August and, generally, meetings last less than an hour and are clearly important for airing and resolving local issues. If you would like to become a parish councillor or want to find out more about it please contact Neil Barrington, clerk [lbpcclerk@gmail.com](mailto:lbpcclerk@gmail.com). **Given the gravity of the situation please give this request your greatest consideration.**  
**Mike Davies**

## An Appreciation of John and Sylvia Jones

For those who are new to the area, you might wonder why John and Sylvia were at the Royal Garden Party in May. The answer lies in the service that they have both given to the community of Herefordshire in both their working lives and in retirement.

John worked for the Ambulance service for many years, starting with the local Hereford one back in the days when the ambulance was there to get people to hospital as quickly as possible, none of the roadside or home investigation and treatment of these days. He worked hard to modernise the service and retired over 20 years ago. Sylvia was also involved as a Health Visitor for many years in Herefordshire and many families benefitted from her sage and sound advice.

While they lived in Hereford and Ledbury, they were both great supporters of St. John Ambulance and the cadet force, working in teaching first aid to youngsters across the county, taking part in simulation exercises and public duties.

Moving to Much Birch, John and Sylvia were involved in their local community. For many years John was chair of the Parish Council and Sylvia was involved with the refurbishment of St. Mary and St. Thomas a Becket Church. Eventually, John stepped down from the Parish Council but kept his involvement in the community by becoming chairman of the Community Hall, a position he still holds.

Sylvia then became a churchwarden at Much Birch, a post she held for many years and then also PCC secretary, which she has just relinquished. However, she continues to be involved with the Community Hall, as bookings secretary and secretary to the committee.

Their invitation to the Royal Garden Party was a great tribute to the hours of service that they have both given in Herefordshire and Much Birch over many years. **Revd Mark**

### Little Birch Village Hall Pantomime 2023

This year's Little Birch panto was fantastic with some hilarious performances—what a great cast! If you would like a chance to relive the experience—Oh, yes you would! - an edited version of it is now available to view on Youtube.

Go to the link Mike Morley has created:-

<https://youtu.be/ZPLjslCkb34>



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Meander Contemplative Walks and Retreats  
on Facebook

in Kingsthorpe, Hereford, HR2 8AN



## Wildlife Walk

Sunday 4 June at 2pm

meeting at Little Birch Village Hall

With all his knowledge and insights,  
wildlife expert, **Andrew Nixon**, will  
lead us on a nature walk to  
Athelstan's Wood, stopping on the  
way to talk about things we see and  
more! Approx 2 hours.

Afterwards at the hall for  
refreshments. All welcome!

Contact

[ajbmiddleton@hotmail.co.uk](mailto:ajbmiddleton@hotmail.co.uk)

or Chris Fowler

[chrisfowler1@hotmail.co.uk](mailto:chrisfowler1@hotmail.co.uk)

Footpath Officer for Little Birch

## Travels

I should like to rise and go  
Where the golden apples grow;-  
Where below another sky  
Parrot islands anchored lie,  
And, watched by cockatoos and goats,  
Lonely Crusoes building boats;-  
Where in sunshine reaching out  
Eastern cities, miles about,  
Are with mosque and minaret  
Among sandy gardens set,  
And the rich goods from near and far  
Hang for sale in the bazaar...  
Where among some desert sands  
Some deserted city stands,  
All its children, sweep and prince,  
Grown to manhood ages since...

## RL Stevenson

from *A Child's Garden of Verses*



## Services for June

- Sunday 4<sup>th</sup> June – Trinity Sunday** 9.15 a.m. Much Dewchurch – Holy Communion  
11.00 a.m. Little Birch – Holy Communion
- Sunday 11<sup>th</sup> June – Barnabas** 9.15 a.m. Much Birch – Holy Communion  
11.00 a.m. Little Birch – Morning Worship
- Sunday 18<sup>th</sup> June – 2<sup>nd</sup> of Trinity** 9.15 a.m. Much Birch – Morning Worship  
11.00 a.m. Little Birch – Holy Communion in Traditional Language
- Sunday 25<sup>th</sup> June – 3<sup>rd</sup> Sunday of Trinity/  
St. John the Baptist** 11.00 a.m. – Llanwarne Old Church – Open Air Eucharist to celebrate St. John the Baptist followed by Lunch in the village hall.
- Sunday 2<sup>nd</sup> July 4<sup>th</sup> Sunday of Trinity** 9.15 a.m. Much Dewchurch – Holy Communion  
11.00 a.m. Little Birch – Holy Communion



King's Thorn & Little Birch Gardening  
Club

## Coffee Morning with Plant Sale & Garden Sundries



Date: Saturday 10<sup>th</sup> June 2023

Time : 10.00 to 12.00

Place : Little Birch Village Hall

Also on Sale : Plant pots; books and other garden sundries

Raising funds for your local Gardening Club

Any queries contact : Lesley Chapman – 07834 771838

## Birches Newsletter

Do you have something you would like to write about — a story to tell, ideas you would like to share with other people in the community or perhaps you take photos which could be published in the Newsletter? We would love to hear from you. We also welcome suggestions of topics you would like to see in the newsletter and favourite poems.

The next issue of the **Birches Newsletter** will be the July and August issue. If you are planning events, want to submit an article, photo or advert in July and August send details by 9th June to [editorial@birchesnews.org.uk](mailto:editorial@birchesnews.org.uk).

We look forward to hearing from you.

**Elisabeth Taylor**  
Editor

## SOUTH HEREFORD REPAIR CAFÉ AT DINEDOR VILLAGE HALL



### They Didn't Bin It! We Repaired It!

We had a very successful "soft opening" on 15<sup>th</sup> April and now will open on the **third Saturday of each month** (except in August and December) from 10:00am to 12:30pm. Repairs on the 15th included a Dyson vacuum cleaner, a standard lamp, and a ceramic ornament, while a family-valued video cassette jammed in a player was extracted. Jeans zips were replaced, the sleeves of a fleece jacket shortened, and the button on a trouser waistband eased. Several pairs of secateurs, shears, and loppers were sharpened as well as kitchen knives and an axe.

We throw away vast amounts of stuff! Even things with almost nothing wrong which might get a new lease of life with a simple repair. That is why we are here to help, and why we shall be very pleased to see you in Dinedor on **20<sup>th</sup> May** or at a later session.

To hopefully ensure a smooth flow of repairs we request that all items for repair are booked in with us in advance with items for Saturday 20th May **BOOKED BY THURSDAY 18TH MAY AT** [www.repaircafesouthhereford.org.uk](http://www.repaircafesouthhereford.org.uk)

While you are waiting for your repair you can also enjoy tea, coffee and cake in our café!

*Dinedor Village Hall is easy to find. Leaving Rotherwas on the B4399 for Holme Lacy after 1 mile turn right and then you will find us after 400 metres on the left. Post code: HR2 6LQ. What3words: ///overcomes.remake.newspaper.*

We are **STILL RECRUITING VOLUNTEERS** for our Repair Café: so if you are handy and able to repair things, or would like to help with refreshments or front-of-house: please do on a Saturday speak to our reception desk or e-mail us at [repaircafe@dinedorvillagehall.org.uk](mailto:repaircafe@dinedorvillagehall.org.uk)



Little Birch and  
King's Thorn  
History Group

An illustrated talk about

# Watermills

To be given by

## Andy Tatchell

Andy is the owner and restorer of Mordiford Mill  
(To be opened during the Mills Weekend May 13/14th.)

Little Birch Village Hall

Thursday June 15th 7.30 p.m.

Entrance Three pounds to include light refreshments

## The Jolly Gardener

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Beginners class  
 Little Dewchurch  
 Wednesday 8pm  
 Starting 26<sup>th</sup> April

# Pilates with Alison Allan

My number: 07947 011707  
 Email: alisonpilates2016@gmail.com



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 07739953864

I'm Richard, and I offer IT tech support around rural Hereford. I have 25 years' experience of working within technology, supporting a vast range of people, from technophobes to technogeeks!

I aim to specifically support the more senior users within our community, who often appreciate a completely different approach. I won't burden anyone with jargon and will offer only gentle and compassionate support. This can help the user feel more comfortable with tackling technology and lead to a growing confidence. Sometimes, the tech issue might be the initial reason for contact and all that's really required is someone to sit patiently and share a cuppa. I can do that too, I'm a great listener!

I can support you with many problems (here's a sample):

- General tips and advice
- Fault finding
- Software support
- New PC Installation / Setup
- Virus & Malware Removal
- Email Troubleshooting & Setup
- Broadband Internet & Router Setup
- Wi-Fi Range Issues
- Software Installation
- Windows Reinstall / Refresh
- Slow Computer Clean-up
- Printer Installation / Troubleshooting
- Backup Advice & Solutions
- Solid State Drive (SSD) Upgrades
- Data Recovery
- Laptop Battery Replacement
- PC & Laptop Upgrades & Advice

If you need a friendly chat over a cuppa, while I sort out your IT issues, please get in touch using the info above.

What has a head, a tail, is brown and has no legs?  
 Answer on page 9

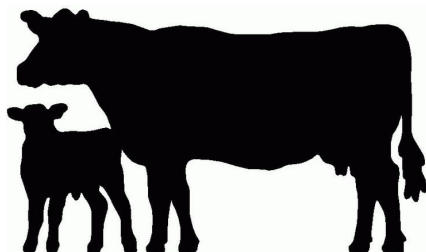
What comes once in a minute, twice in a moment but never in a thousand years? Answer on page 9

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Items for July newsletter to  
[editorial@birchesnews.org.uk](mailto:editorial@birchesnews.org.uk) or paper  
copy to Elisabeth Taylor 07854 629193 by

**9th June**

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**Steven Allan**



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## Much Birch Parish Council

At the Annual Parish and Annual Statutory Council Meetings held in the Much Birch Community Hall on the 11<sup>th</sup> May 2023 the Parish Council elected a Chair and Vice Chair and reappointed the Footpath Officer. The Parish Council discussed, and agreed to comments in regard to a local planning application: Planning Consultation 230992 - Land at Eden House, Eden Lane, Barrack Hill, Little Birch, Herefordshire, this being for outline planning for a detached self build dwelling and garage. The Parish Council resolved to make comments about the application 230992, which would be sent to the Planning Authority.

The Parish Council discussed the fact that the parish council currently has one vacancy for a new parish councillor. If you would like to find more about the role please contact the clerk or one of the councillors (details below).

The dates for the forthcoming meetings in 2023 are:  
June 8<sup>th</sup>, July 6<sup>th</sup>, No meeting in August, Sept 7<sup>th</sup>, October 5<sup>th</sup>, November 9<sup>th</sup> and December 7<sup>th</sup>.

The next Parish Council Meeting of the Much Birch Parish Council, will be held on **Thursday 8<sup>th</sup> June 2023 from 7.30pm** at the Much Birch Community Hall. All are welcome to attend.

### Much Birch Parish Councillors

**Cllr Alison Cook** (Chair) Jasmine Cottage, Wrigglebrook Lane, Kingsthorpe HR2 8AW, [thecooks@wyenet.co.uk](mailto:thecooks@wyenet.co.uk)  
01981 540703;  
**Cllr Andrew Crum** Tan-y-coed, Barrack Hill, Kingsthorpe, HR2 8AX, [a.crum@btinternet.com](mailto:a.crum@btinternet.com) 01981 540002  
**Cllr Roisin Burge** The Old Hall, Barrack Hill, Little Birch HR2 8AX  
[roisinburge@hotmail.com](mailto:roisinburge@hotmail.com) 01981 540724  
**Cllr Chris Pickering-Grey** 4 Court Farm Barns, Much Birch HR28HT [chris@pickering-grey.uk](mailto:chris@pickering-grey.uk) 07712 813218  
**Cllr Joseph Goldsmith** Quantock House, Hollybush Lane, Much Birch, HR2 8HX [josephgoldsmith@hotmail.com](mailto:josephgoldsmith@hotmail.com)  
07967 728590  
**Parish Clerk Mrs Alison Wright** Longfield House, Gooses Foot, Kingstone HR2 9NE [muchbirchclerk@gmail.com](mailto:muchbirchclerk@gmail.com)  
01981 250860

Minutes of meetings [www.muchbirchparish.org.uk](http://www.muchbirchparish.org.uk).  
<https://twitter.com/MuchBirchPC>  
<https://www.facebook.com/groups/Much.Birch.Parish>

### Footpath Officers

If you have any queries about footpaths, contact:  
**Little Birch and Aconbury: Chris Fowler**  
[chrisfowler1@hotmail.co.uk](mailto:chrisfowler1@hotmail.co.uk) 07931 292998

**Much Birch including Kingsthorpe: David Irwin**  
[david.irwin13@btinternet.com](mailto:david.irwin13@btinternet.com) 07766 135068

## Little Birch Parish Council

- The Parish Council chair's annual report was delivered to the council and will be available in full when the minutes are published online next month. Councillors Kate Dillon and Kate Robbins were thanked for their outstanding contributions over the past 4 years as was Angela Middleton for her excellent service as footpath officer.
- The Annual PC meeting confirmed that only 3 councillors were now in post after an uncontested election - Mike Davies, Chris Atkinson and Nick Deacon. Mike Davies agreed to continue as chair and Chris Atkinson will be vice-chair. Neil Barrington, parish clerk, delivered the financial report, details of which will be publicly posted. He confirmed that the annual audit had been completed and showed no anomalies. Chris Fowler agreed to continue as Footpath officer and Jeff Young as external auditor.
- At the monthly business meeting Tom Palfrey agreed to be co-opted onto the council which will take place at the next meeting in June.

### Little Birch Parish Councillors

Cllr Michael Davies, chair  
Cllr Chris Atkinson  
Cllr Nick Deacon  
Neil Barrington, clerk [lbpcclerk@gmail.com](mailto:lbpcclerk@gmail.com)  
Website [www.littlebirchparishcouncil.org](http://www.littlebirchparishcouncil.org)

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Facebook: Tiddlers, Toddlers, and Story Tellers - Much Birch

## Coffee Morning with Book Exchange



Thursday 1st and Saturday 17th  
June from 10.00am - 12.00 noon

Little Birch Village Hall

Come and enjoy a cup of tea or coffee, some cake or biscuits. Make new friends or catch up with old friends. Take a book, leave a book, or both. Exchange recommendations for a good read. Families & well behaved dogs welcome.

*look forward to seeing you*



Little Birch Village Hall



## Duchy Walk in Aconbury Woods

To be led by

**Geraint Richards**

Head Forester Duchy of Cornwall

A gentle walk during which he will explain the management and plans for the future

Meet at Little Birch Village Hall at 17.30

Thursday June 22nd.

Refreshments in hall afterwards, donations welcome



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### Aconbury Parish Meeting

The Spring meeting for Aconbury parish was held on 27 April 2023.

Mike Leigh announced that he is standing down as Chair for Aconbury Parish Meeting and Elisabeth Taylor agreed to become Chair for 2023/24.



JOIN OUR GROUP ON  
Facebook

### Little Parish Facebook Group

Find the latest news, events and business listings all in one place. You are welcome to promote your local business, advertise a local event or post news or information of interest to the village and surrounding area. Look for *Little Birch Parish Group*



## Jobs for the Garden in June

In 2019 it was decreed that compost, sold commercially, containing peat would no longer be available and to date this has not happened. I understand that another attempt to ban peat will now come into force next year. To that end, garden centres and B&Q are already selling bags of peat free compost. I have just bought a few bags to see how it behaves with the various uses that I have for multi-purpose and I will be running it side by side compost containing small proportions of peat.

There seems to be a doubt that this country, and indeed other countries, can accumulate enough green waste to convert into compost to supply both the horticultural industry and all gardeners. We watch this space. Many of us have compost bins and compost heaps from which useful compost can be made. The concerning point is that few of these generate enough heat to kill weed seeds, disease and the roots of pernicious plants so these could be reintroduced to the garden. As regards pernicious plant roots, if you are unable to burn them in your garden then a way of getting rid of them is to get an old bucket and fill it with water, sink the roots in the water and they will eventually turn into a smelly sludge which can then be put on the compost heap.

### Here are a few jobs for June

- \*Dead head roses regularly cutting to a leaf beneath the flower.
- \*Feed tubs and other containers, and hanging baskets with high potash fertilizer (tomato feed is fine).
- \*Spend some time dead heading all flowers as this will encourage them to provide a display for longer.

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## Gardening Club News

Our meeting on the 26th April was a fascinating insight into the modern world of plant production. We were entertained by video clips of mesmerising robotic machines that plant, trim, pot up and move thousands of plants per hour. A fact we were told is that the flower markets in Amsterdam sell 70% of all flowers sold in the world. The Dutch auctions really are incredible. We saw how salad crops are never touched by human hands. Automatic control of water, air, temperature, even moving plants around the greenhouse. Amazing!

We were introduced to the multi million pound industry of plant breeding, quite an eye opener. New varieties are very valuable, with royalties paid to the original breeders. Ian Sadler, our speaker, has been working in horticulture for nearly 50 years and he has seen many changes and

\*Support sweet peas which should be well under way now – again, cut flowers for indoor use and dead head, not giving that little pea pod a chance to form.

\*Foliage from fading bulbs will be yellowing by now and, if not done already, it can be cut off.

\*Take Dianthus cuttings 2 – 3 inches long, remove leaves from bottom third and insert round the side of a pot filled with a 50/50 mix of multi-purpose compost and coarse grit.

\*Tomatoes grown as cordons should be tied to supports and sideshoots should be pinched out. Allow 7 trusses on indoor tomatoes and 4 outside before pinching out the growing tip.

\*Harden off and plant out tender crops such as aubergines, courgettes, sweet corn, squashes and tomatoes ready to plant outside.

\*For succession keep sowing small quantities of radish, salad leaves, Spring onions, French beans, kohlrabi, beet and mangetout.

\*If early potatoes are growing in some form of container or in the ground wait until the flowers open and then carefully examine a root to see how the potatoes are progressing.

\*Plant out broccoli, calabrese, Brussels sprouts and both Summer and Autumn cabbage.

\*Sow carrots for overwintering.

\*Remove blanket weed from ponds, leave on the side for 24 hours to give creatures within it an opportunity to get back in the water. The weed can then be composted.

\*Keep the bird bath topped up with fresh water.

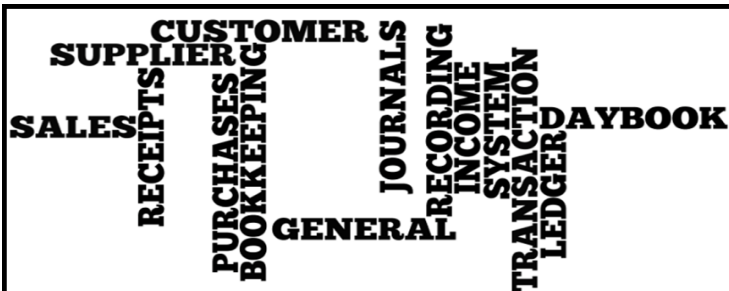
\*Many herbs produce flowers attractive to bees. These include oregano, thyme, chives and borage. As well as being popular in culinary use, the flowers are attractive and they also provide bees with much needed supplies for the hive/nest. **Derek Scrivens**

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mechanisation reducing the need for humans. However, many of the skills learned by old fashioned apprenticeships are now being lost. For me personally, although I am impressed by technology, there is nothing like getting your hands dirty in your own garden.

## Birmingham Botanical Gardens

Next month Philip Aubury, a former director of Birmingham Botanical Gardens, will talk to us about the history of the gardens. That will be on Wednesday 31st May, at 7.30pm in Little Birch Village Hall.



**EJ PARTINGTON BOOKKEEPING**

Bookkeeping & Accounting Specialist

Woodfield, Hollybush Lane, Much Birch, HR2 8HX

07989 854593 / 01981 541109

[emmadeer@hotmail.co.uk](mailto:emmadeer@hotmail.co.uk)

Bookkeeping	VAT Returns
Invoicing	Management Accounts
Payroll	Self-Assessment Returns

**Workshop/Studio Wanted for Rent or Purchase**

Suitable for Light Industrial use with road access, electrics and water/drainage. 1,000-3,000 sq ft. Within 5 miles of Much Birch (ideally). All conditions considered as long as suitable permitted use.

We moved to Kingsthorpe/Much Birch last year and are looking for a suitable space to move our small sustainable business, currently based in Birmingham.

Please email or call [samfoggan@gmail.com](mailto:samfoggan@gmail.com)  
07738904667



Email: [richard@actonbuilding.co.uk](mailto:richard@actonbuilding.co.uk)

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# SUMMER PRIZE BINGO!



**LITTLE BIRCH VILLAGE HALL  
FRIDAY 16TH JUNE  
EYES DOWN AT 7:30PM**

**Fun for the whole family  
Refreshments available**



**Little Birch**

**Village Hall Committee**

## **Annual Meeting Thursday 8th June 7pm**

Come along and find out about your village hall and what our plans are for the next 12 months. You might be surprised!

It is also a great opportunity if you would like to get involved to meet the committee and find out what we do.

Little Birch is bursting with creativity, generosity and a sense of fun. As well as regular clubs, activities and events.

We look forward to seeing you there!

## **Community Quiz Is Back**

The Birches community quiz was cancelled during covid and quizzical members of the community had been missing the opportunity to hone their little grey cells until this March when once again Much Birch hosted a quiz, the first for several years.

Teams of 4 competed for the holy grail—in this case a trophy which will bear the winning team's name. It was a success with a number of teams joining in the contest. The winners were the History Group. A very enjoyable evening was had by all and one team enjoyed themselves so much that they enthused in a letter.....

*Dear Jane, Carole, Kath,  
Huge thanks from all of us on both the Bridge Club teams for a thoroughly enjoyable evening. The half time food was a lovely addition as was being invited to 'bring a bottle' to oil the cogs at our tables!*

*We were devastated at coming 2nd and 3rd! But in Arni's words..... 'we will be back!'*

*We very much hope the quiz is back to stay, we have really missed the WI quiz that COVID so sadly affected.*

*Thanks to you all on the Much Birch Community Hall committee,  
All the best Carol*

Carol and the Bridge Club teams will not be disappointed. There will be another quiz in Much Birch Community Hall on Friday 14th October. It is open to teams of 4 from the Birches and Kingsthorne.

Book early to avoid disappointment. Phone Jane on 01981 540749

## **Hope Spring eCards**

**Anniversaries Birthdays Christmas  
Easter Father's Day Mother's Day  
New Year Valentine's Day**

**Send greetings for any occasion online  
INSTANTLY!**

**[www.HopeSpringCards.co.uk](http://www.HopeSpringCards.co.uk)**

## Diary Dates June

**Garden Club** Wed 31st May Birmingham

Botanical Gardens p11

**Coffee & Books** Thurs 1st & Sat 17th 10-12 p10

**Wildlife Walk** Sun 4th 2pm LBVH p3

**LBPC meeting** Wed 7th p8

**Community Café** Sat 10th June MBCH 10-12.30

**MBPC meeting** Thurs 8th MBCH p8

**Watermills Talk** Thurs 15th June LBVH p5

**Repair Café** Sat 17th Dinedor VH p5

**Duchy Walk** Thurs 22nd June LBVH p10

### Weekly Events

**Tiddlers and Toddlers** Fridays 9.30-11.30 MBCH

**Table Tennis** 1st Tuesday 7-9pm LBVH

## Advertising Rates

11 editions per year (no August newsletter)

1/16 page £3.50 per issue or £35 per year

1/8<sup>th</sup> page £4.00 per issue or £40 per year

¼ page £4.50 per issue or £45 per year

½ page £8 per issue or £80 per year

Payment by BACS through Santander

Account Name **Little Birch Village Hall**

Sort Code **09-01-54** A/C No. **65493289**

## Defibrillator Locations

### IN A LIFE THREATENING EMERGENCY CALL 999

AEDs available to use locally for those experiencing sudden cardiac arrest. A defibrillator is an easy to use, medical device that analyses the heart's rhythm and, if needed, delivers an electrical shock (defibrillation) to help the heart establish an effective rhythm.

**Allensmore** Locks Garage

**Backney** on the garage wall at Market Gardens Cottage

**Bridstow** on the outside of the village hall

**Garway** on the wall outside the Garway Moon pub

**Harewood End** at Harewood End Inn on outside of the pub at the back in the beer garden.

**Little Birch** on the outside of the village hall

**Llanwarne** on the wall by steps leading up to the village hall

**Much Birch** on the outside of the church hall

**Much Dewchurch** outside Steiner School, first building after the church

**Peterstow** at the Yew Tree pub

**Sellack** on the outside of the parish hall (key code needed)

**St Weonards** old BT phone box off the A466 between the church and Forge Cottage

**Wormelow** at the Cricket Club & Carrot & Wine shop

**Wilton** on wall at the BP garage on the roundabout

*Join us at the*

# Community Café

## @ Much Birch Community Hall

**Saturday 10 June 2023**

**10:00 - 12:30**

and every 2nd Saturday of the month

**8 July**

**9 September**

**14 October**

For more information or if you are in need of transport contact Lydia on 01981 540323 or [socialfabric@hotmail.com](mailto:socialfabric@hotmail.com)



*A local group who want to bring people together, strengthen community links and provide relaxed and fun events for all ages.*

