

Newsletter for King's Thorn, The Birches & Aconbury

A newsletter for the villages of King's Thorn, Little Birch, Much Birch & Aconbury May 2016. First published 1977

LITTLE BIRCH VILLAGE HALL PRESENTS



CASH ON DELIVERY

A Comedy by Michael Cooney
(Director and Producer Jane Bolam)

Thursday 16th, Friday 17th & Saturday 18th June at 7.30 pm

Tickets: £10 (including Food)
Adults Only

From: Margaret: 01981 540374

Jackie: 01981 541027

Much Birch Parish Council

Following the retirement of the current post holder, the council is seeking to appoint a new Lengthsman for the Parish. Duties will include mowing, strimming, clearing ditches and gullies, digging grips, cleaning signs, trimming overgrowth of plants and general minor roads upkeep and maintenance.

Relevant experience and appropriate insurance are essential.

If you are interested in applying for the post an application form can be obtained by contacting: Cllr Alison Cook (Chair) Jasmine Cottage, Wrigglebrook Lane, Kingsthome, Herefordshire, HR2 8AW, e mail thecooks@wyenet.co.uk Tel: 01981 540703

Diary Dates

April

17th Gardening Cub LBVH

May

4th LB Parish Council LBVH

5th MB Parish Council MBCH

7th. Plant Sale MBCH

7th Book Exchange Methodist Chapel

10th Evergreen Club Trip

10th Whist Drive LBVH

11th Duchy Walk LBVH

12th Flower Demonstation MBCH

17th Much Birch WI MBCH

20th Car Boot Sale MG

25th Gardening Club LBVH

26th Flicks in the Sticks MBCH

27th Village Market MBCH

27th Car Boot Sale MG

7th Book Exchange Methodist Chapel

June

3rd Car Boot Sale MG

5th Meditation Open Day Pencoyd

11th Queen's Birthday celebration LBVH

11th Queen's Birthday celebration MG

16-18th Cash on Delivery LBVH

18th Midsommer Nights Dream Sellack

MG=Millenium Green Tump Lane

Please send copy for the June
Newsletter to birchesnews@gmail. com
or written contributions to John Bryant
at Bramley Bungalow, Aconbury Close
by 18th May

Local News

Hearty Congratulations are extended to **Rogan McGilp** and two of his fellow students, **Stuart Chau and Ethan Dunbar Baker**, who were named UK Young Engineers of the Year 2016 at the Big Bang UK Young Scientists and Engineers Fair.

The challenge was to build a 'hot rod' for his disabled brother, 13 year old David but also to change the public's perception about 'What's possible for disabled people to do'.

Now David loves his car and can't stop talking about it!

The idea took one evening to sketch out and was built from scratch in just 5 months, a major feat considering it normally takes at least one year to build.

Rogan and his colleagues plan to take the vehicle to shows and races this year so that other people with disabilities can try it out.

Rogan's parents live in Little Birch and have given their encouragement and full support to this project. We send our best wishes to Rogan and his fellow students in whatever field their futures lie.

We are sad to report the passing of **Ken Pipe** who lived with his late wife, Win, at 'Stoneleigh', Barrack Hill for over 30 years. A Service of

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Please contact me if you

would like a brochure:

07392337604 or danni-jones93@hotmail.co.uk



Thanksgiving for Ken's Life' was held at Hereford Crematorium on Thursday, 7th. April and was conducted by Rev. Jimmy Morrison, erstwhile vicar of Burghill.

Ken was born within the sound of Bow Bells and so could describe himself as a true cockney. He married Win and they moved to the outskirts of Reading. During WW2, Ken worked as a market gardener and produced outstanding vegetable crops.

Win and Ken moved to be nearer to their only daughter, Heather (later Bonewell), and her family some 30 years ago and celebrated their Diamond Wedding Anniversary in the late 1990's.

They were both good friends with Ruth and Donald Cook and Ken and Donald played bowls at the Wormelow Indoor Bowling Centre.

Win sadly died in 2010 at the age of 91 and Ken who was born in 1920 was almost 96 years of age. Tributes to Ken were made by the grandchildren, Jasmine and Perry, and also by Heather at the end of the Service in which she spoke of the care team headed by Sue Jones (nee Lloyd) who looked after Ken so well until he had to go into full time care at Leominster.

The death is also announced of Miss Phyllis Brookes, erstwhile of 'Ranger's Lodge', King's regularly attended services She Llandinabo and was a member of the Meals on Wheels deliverers for many years. She died on March 30th at the age of 98 years. Phyllis was brought up on a farm in Gloucestershire and was one of the first to be called into the Women's Land Army. She worked with racehorses before retiring to King's Thorn. She was visited regularly by Betty Philpott and was later cared for by her neighbour, Kath Watts. She went into and was well cared for at Charnwood for many years before being taken into care at Kington.

Her funeral takes place on April 21st at St. Mary's, Great Washbourne, Nr Alderton. Glos. She was a much loved aunt.

Several residents have been in hospital recently but we are pleased to note that **John Roberts** of King's Thorn, **Mick Tourane** of Kings Thorn has had an operation on his knee and **Liz Hall**, editor of the Newsletter, suffered broken bones in her leg in an accident at Little Birch Village Hall but all are now recovering at home and we send them our best wishes.

King's Thorn Bus Shelter

Readers will have noticed that the stone built bus shelter has been demolished and replaced with a new wooden structure. It looks good and the quality of the workmanship including the foundations appear to be of a very high standard.

Unfortunately the project has resulted in a lot of controversy and several critical letters have been published in the Hereford Times about it. Calls were also received saying that this newsletter should have given advance notice to allow protests to be mounted. One caller said that had she known it was going to happen she would have joined a picket line to help stop it. Clearly there was strong opposition that was not given a voice!

There appears to be very little in writing about the project but these are the facts to best of our understanding.

- 1. The shelter was built in 1964 by volunteers and paid for by local subscription.
- 2. It was used mainly by Much Birch and Little Birch residents but is situated in Much Dewchurch parish.
- 3. Much Dewchurch parish council said that it paid for maintenance and insurance. (Has anyone

Alzheimer's Society



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9.30am-12.30pm and/or 12.30pm-3.30pm

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- . Thursday Harling Court, New Street, Ledbury, HR8 2ES
- . Friday RVS, 26 Vicarage Road, Hereford, HR1 2QN

Get in touch with us to book your FREE Initial taster session.

For more information please contact your local Alzheimer's Society Office on: 01432 371 137 or Herefordshire@alzheimers.org.uk

alzheimers.org.uk

Registered charity number: 296645

seen any costs?)

- 4. Herefordshire Council/Balfour Beatty proposed replacement and to assume responsibility for it in future. Cost was said to be £11,000. Replacement was claimed to be necessary because the existing structure contains asbestos and is not wheelchair friendly. (Generally asbestos cement is not regarded as hazardous until it needs to be disposed of. Bus drivers have been questioned and could not remember a single case of wheelchair use.)
- 5. Much Birch parish council was not consulted about demolition but was asked to advise on the new shelter. Little Birch parish council was not consulted at all.

It has been suggested the Herefordshire Council was guilty of vandalism (they did not own the stone shelter), theft (of the stone and other building materials removed) and misuse of public funds (no need for replacement now.)

Herefordshire Council repeatedly tells us that it is short of money and needs to cut services. This is not confirmed by the saga of our bus shelter!

Help Needed

For a variety of reasons we now have only 4 volunteers on the Much Birch Church cleaning rota and are looking to boost the number of people on the list to help with this easy weekly task. It only takes half an hour to an hour at the end of each week so that the church is clean for weekend services and any weddings or baptisms which may

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* ESTABLISHED IN AREA * PHONE ANDREW

HOME: 01432 508979*

MOBILE: 07771 870891 EMail: bayleys@fsmail.net take place then. Volunteers need not be regular churchgoers but are interested to help with the upkeep of the Church. If you are able to help please contact the Churchwardens; Sylvia Jones Tel 01981 540980 or Janet Thomas Tel 01981 540501.

Much Birch Community Hall 100 Club

The April draw took place on 13th April 2016 in Much Birch Community Hall at 10.30am and the results were as follows:

1st prize – No 68 A & L Lowe Little Birch 2nd prize – No 47 Mr D. Pennington Much Birch 3rd prize – No. 6 Ms. R. Wilson Much Birch

The next draw will take place on 10th April 2016 at 10.30am in Much Birch Community Hall.

John Jones Promoter

Spare a Plant or Two

Much Birch Church Fundraising Committee are organising a Coffee Morning and Plant sale once again on 7th May in the Community Hall and would be grateful for donations of plants for the sale. All proceeds for the Fabric Fund for the Church. Please contact Nichola on 01981 541376.



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The Archive and Record Centre

Ten of us from the **History Group** were taken round the Archive and Record Centre and found it all very interesting. We were told of the types of archives they held and their availability to study in various formats, original, microfiche film, via internet or photographs of originals taken by ourselves. The building was explained, how the archive storage area is so well insulated that it can be maintained at the ideal temperature for documents (16 - 18 degrees C), also how the public area is separated facing south so very little heat is needed to keep it comfortable. We were shown workrooms where archives are received and fumigated if necessary, to remove fungal spores etc., then catalogued. We were then shown rooms where repair work is carried out including re-binding if necessary. The centre offers a service to the public for re-binding with leather, if required. The staff are most helpful enabling people to research many topics such as local history, house history and families (free access to Ancestry website). They also welcome volunteers to help with cataloguing etc. The centre is well worth a visit, to register you need ID. We are fortunate to have it, it is the envy of other record centres throughout the country, it deserves our support.

The Castle Inn

We are fortunate to have The Castle up and running again. There have been many reports of delicious food and good beer which I can endorse. It is such an advantage to have a pub again, and of such quality, on the doorstep. Most of us in the community can walk there and can more than likely find someone to talk to, friends or even strangers! Dave and James are very welcoming. I am sure we all wish them every success but they do need supporting, their food is too good to miss. They have lots of ideas but need to know that people will be interested. They are open Wednesday to Sunday, evenings only on lunchtimes Wednesday Fridays, to well Saturdays and Sundays. See you there!

Alison Clarke





"PLEA" - Are we going to let The Castle Inn die again? We have now eaten at the reopened pub several times. We can only say that from our view the food has been some of the best you are likely to get in pud food terms, and at extremely realistic prices (and I appreciate the good portion sizes !!). The beer has all been crystal clear. But when we most recently ate there on Saturday night 16th April it was disappointing how few people were there on what should be the busiest night of the week. Only weeks after opening they were forced to reduce staffing. They need as much support as realistically possible - have people not tried what is now available? If even on the most popular night people are not supporting this opportunity then no one can complain if we lose this chance of retaining a pub in our village!

Murray and Janet Gwinnett

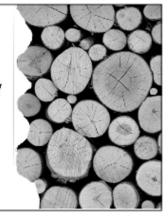
Little Birch Village Hall Annual Quiz

The 8th annual guiz took place on April 1st. Eleven teams competed to answer questions on such varied subjects as the police, sport, TV themes, history, politics, and fools (in view of the date!). All the teams scored well and enjoyed refreshments in the interval. The Roports team (Rogers and Porters) were worthy winners for the

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OPEN DAY

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- Guided tours of the centre
- Introductory talks and films
- Woodland walks
- * Cream teas

All are welcome Admission free

Enquiries: 01989 730 234 www.dipa.dhamma.org

Dhamma Dipa, Pencoyd, St Owens Cross, Hereford HR2 8NG

From A49, follow signs to Pencoyd, second lane on right

second year in succession.

Thanks are due to all the helpers especially **Ben Roberts** and **Alison Clarke** for marking and keeping score and **Roisin Burge** for asking the questions.

Thinking of next year, the hall committee would like to hear from anyone who is willing to set questions on any subject, particularly music.

Little Birch and Aconbury Neighbourhood Plan Steering Group meeting

On Wednesday 6th April, the first meeting of the Little Birch and Aconbury Steering group was held at the village hall.

Cllr **Elaine Godding** was in the Chair to welcome everyone who attended – 15 people, with representatives from both Parishes. **John Jones** was then elected as the Acting Chair for the group, and he took over the Chairing of the meeting.

It was clarified that the Steering Group would work under the same Standing Orders as the Parish Council, and the members of the steering group will have copies of these sent to them in the coming weeks.

Sophie Glover the Little Birch Parish Council

FIREWOOD and KINDLING FOR SALE WELL SEASONED HARDWOOD PLEASE PHONE:CHRIS 07580719084 OR STUART 07778524425



Clerk was appointed to Clerk for the steering group, and anyone wishing to raise any questions about the Neighbourhood Plan, or the steering group are welcome to contact her on the details below. The Clerk would also be the Steering Groups Responsible Finance Officer, and she will be assisted in this role by **Margaret Scrivens**.

HOME NO. 01981 540 858

The Parish Council had asked the Clerk to complete the papers to 'designate the Neighbourhood Plan area', part of this required her to put the name of the area, and the Steering Group confirmed that it was to be called the Little Birch and Aconbury Neighbourhood Plan. The form was signed by the Little Birch Parish Council Chairman, Cllr **Mike Morley**, and **Roger Wilkens** from Aconbury.

The clerk was asked to source three consultants to assist the Steering Group in compiling the Neighbourhood Plan, it was decided to ask them to tender for the role, and that interested parties would then be invited to an 'interview' with some members of the Steering Group. It was hope that all of this would be achieved by the end of April.

Funding of the plan was discussed, and the meeting was informed by the Clerk that the funding that was currently available had to be used within 6 months of it being granted. It was suggested that the grant should not be applied for until a consultant was ready to be engaged, so that the group would have the maximum time to use it.

Any one from either Little Birch or Aconbury who is interested in joining the steering group should contact the Clerk on:

littlebirchpcclerk@hotmail.co.uk or ring her on 01432 270499.

King's Thorn and Little Birch Gardening Club

The April meeting will take place in Little Birch Village Hall on the 27th. When **Mr Tom Price** from Maisemore will talk and demonstrate on the repotting of Orchids.

Hereford Community Farm

Invites you to their view their exhibition

Brian Hatton inspires Breinton

at

Upper Canyon, The Courtyard, Hereford

April 2016 is the centenary of Hereford artist Brian Hatton's death. He worked extensively in and around the <u>Breinton</u> area, where Hereford Community farm is now situated. The exhibition will showcase artwork created in the same setting by older and vulnerable adults.

The exhibition runs from Monday 11th April to Friday 3rd June and is open during The Courtyard's normal opening times.



This project is part of the Creative Ageing programme and has been kindly funded by the Pippin Trust.



The Courtyard is a pay and display car park and nearest public car park is Merton Meadow. There are some free parking spaces at the Courtyard for Blue Badge holders and a drop off point by the side entrance adjacent to the bike racks. The May meeting takes place on Wed. 25th when **Dede Liss**, an artisan baker, will give a talk entitled 'From Grain to Bread'. Come along and taste her bread made from ancient grains.

Any queries, places phase John Bryant 01081

Any queries, please phone **John Bryant** 01981 540316.

Much Birch Parish Council

Parish Clerk Mrs **Alison Wright**, Longfield House Gooses Foot, Kingstone, Herefordshire HR2 9NE Tel. 01981 250860

Email: muchbirchclerk@hotmail.co.uk **PARISH MEETING** – at the Parish Council

Meeting held on the 7th April at the Much Birch

Community Hall.

The Meeting heard about plans for an event to help celebrate the Queen's 90th Birthday and also a litter picking initiative to help clean up the parish too. Details of the litter pick planned will be further communicated soon.

It is hoped that there will be a further Neighbourhood Plan Information Evening in June. Details of this will be published on the web site, and social media, as soon as the meeting arrangements have been made.



PLANT SALE

AND

COFFEE MORNING

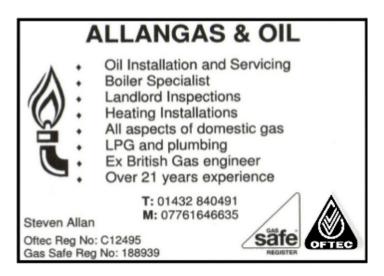
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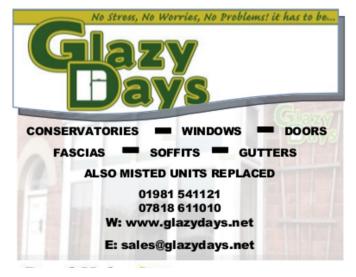
Much Birch Community Hall

on

Saturday 7th May 2016 10.30am until 12.30pm

> Proceeds for the Fabric Fund for Much Birch Church





The Parish Council also received the resignation Cllr Steve Turner (Vice Chair) The Underhills, of the current Lengthsman, Mr Michael Dyer, who Hollybush Lane, Much Birch, Hereford, HR2 8HX, had given many years of service to the parish in e mail turnersofcrossways@btinternet.com and this capacity. A very big "thank you" for all of his work in keeping the parish safe, neat and tidy was recorded. The Parish are now seeking to appoint a new Lengthsman and an application form may be a.crum@btinternet.com obtained from the Parish Council Chair. Mrs Alison Cook, at the contact details below.

The next meeting of the Parish Council will be the Kingsthorne, Hereford, HR2 8AW e mail Annual Parish and Annual Statutory Meetings and these will be held on Friday 6th May 2016 from 7.00pm - at The Much Birch Community Hall. Herefordshire, HR2 8AR b3nroberts@gmail.com Please see notice boards and website for Tel. 01981 540100 agendas. As always the public and press are more Cllr Roisin Burge than welcome to attend and will have the Little Birch, Herefordshire, HR2 8AX opportunity to speak directly to representatives.

A reminder that:-

Your Much Birch Parish Councillors are:-Cllr Alison Cook (Chair) Jasmine Cottage, Wrigglebrook Lane, Kingsthorne, Hereford, HR2 8AW, e mail thecooks@wyenet.co.uk Tel. 01981 540703

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Cllr Andrew Crum Anfield House, Barrack Hill, Kingsthorne, Hereford, HR2 8AX, e mail

Tel. 01981 540002

Cllr Tim Jones Swiss Cottage, Wrigglebrook, tjsj@me.com Tel. 01981 540242

Cllr Ben Roberts Lynwood, Kingsthorne,

The Old Hall, Barrack Hill, their roisinburge@hotmail.com Tel. 01981 540724 Full minutes of the meetings and information etc. can be found on the Parish Council website following the link found in this summary.www.muchbirchparish.org.uk.

> You can also find us on Twitter at https://twitter.com/MuchBirchPC and Facebook at https://www.facebook.com/groups/Much.Birch.P arish

Much Birch WI

Much Birch WI meeting is on the third Tuesday of each month in Much Birch Community Hall, just off the A49. The Hall is next door to the surgery and both are signed from the road. Meetings begin at 7.30 pm.



The 17th May will be the Resolutions meeting. On 21st June we will be celebrating our 60th Anniversary.

Visitors and potential new members are always welcome.

Much Birch Village Market.

Much Birch Village Market takes place on the 4th Friday of the month in Much Birch Community Hall between 2.30 pm and 4.30 pm.

The May market takes place on 27th.

Stalls include meat, bread, jams, marmalade and chutneys, vegetables, honey and a Fair Trade stall.

There will be an extensive plant stall and various craft stalls.

For further information please contact Mark on 01432 278026 The March market

Please join us in supporting local suppliers of food and crafts.

Information correct at the time of going to press.

Queens Birthday Celebrations

Millennium Green Tump Lane on June 11th At a meeting held at No 28 on Wednesday 30th March it was decided to go ahead with plans for

Rain or Shine Theatre Company presents

A Midsummer Night's Dream

An enchanting evening on the Caradoc Estate, above the River Wye, enjoying the timeless magic of Shakespeare's tale of summer love.

Saturday 18th June at 7pm

Caradoc Estate, Sellack, Ross-on-Wye, HR9 6LS

Gates open at 5.30pm for picnics in the garden

Please bring your own seating (Indoors in the 17th Century Barn if wet)

Tickets: £20.00 adult, £10.00 child To book tickets: 01989 563473

In aid of Saint Tysilio's Restoration Fund

the above event.

We hope to run this on the same basis as the successful event we had on the green in 2002.

We will have three evening car boots with the gates open for buyers at 5.00 pm to raise funds.

The first will be on Friday 20th May
The second will be on Friday 27th May
And finally on Friday 3rd June

The fee is £5.00 per boot and a charge of 50p per car for buyers. We are also looking for any donations such as cash and things for stalls and raffle prizes. We really need more support from families especially those with children.

We are also hoping to get the Parish Council to provide a special souvenir gift to celebrate Her Majesty's 90th Birthday

The grass on the green will be mowed which will enable us to hold several events.

Children's sports such as Egg and spoon race

Sack race

Three legged race Wheel barrow race etc

Football and rounders and possibly a children's carnival.

We intend to have many side stalls such as

Guess the weight of (to be decided) How many peas in a jar

Quoits with horse shoes

Whack the rat

Face painting

Raffle stall and bottle stall

We shall have a painting competition themed on a birthday card for the Queen, and a sketch or painting of the big tree by the green.

There will be a BBQ to feed the hungry

The main event of the day will be a traditional old tea party mainly for the local children

Also on the green will be a display of some vintage vehicles

We would of course want more helpers and ideas So please contact **Eric or Doreen Joseph** on 01981540745 or ericdoreen@hotmail.com Perhaps in the future we can look forward to having some inter-Parish Events on the green

Community Book Exchange/Lending Library

The next Book Exchange will be on the morning of Saturday 7th May and then again on Saturday 28th May at the former Methodist Chapel 10am – 12pm.

All members of the community are invited to join



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FLICKS IN THE STICKS at Much Birch Community Hall

Thursday 26th May, 7.30pm -THE LADY IN THE VAN PG

Maggie Smith stars in the hilarious and heart-warming 'The Lady In The Van'. A colourfully complex character, Miss Shepherd "temporarily" parked in the driveway of Alan Bennett's home - and stayed there for 15 years! After inviting herself in to Bennett's house to use the bathroom, STICKS she proved impossible to budge. Despite her prickly, irascible nature, the neighbourhood quickly warmed to her certain brand of charm, and she eventually became the essential heart and soul of the community.

Tickets £4.00 (£3.00 under 16s)

Refreshments including hot dogs available from half an hour before film.

Tickets available in advance or on the door for further info or to book tickets call 01981 540097 or email bryonyconnolly@hotmail.com

For further information about films and screenings visit www.artsalive.co.uk (online booking available!)

us for this enjoyable event which offers not only a wide range of books and DVDs (to suit all ages and interests) but also an opportunity to meet others and exchange recommendations for "a good read".

A warm welcome, tea, coffee and refreshments will be provided and we look forward to meeting up with regular and new visitors to the Book Exchange. There is a charge of just £1 per adult towards the cost of the hire and refreshments.

Whist Drive

We guarantee a warm welcome and a fun evening with good company at our monthly whist drive whatever your ability. Excellent prizes refreshments too.

Our next Whist Drive is on Tuesday 10th May at Little Birch Village Hall. We start at 7.30 pm and the entrance fee is just £2.00.

Advance Notice – Little Birch Village Hall Community celebration of Queen Elizabeth's 90th Birthday

A' Very Special community and family cream tea' is planned at Little Birch Village Hall for Saturday 11th June 2:30pm – 5:30pm

The afternoon with start with Children's games 2:30 pm - 3:30 pm to be followed by an 'all ages 0 to

W.M. PARTINGTON

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PILATES

with ALISON ALLAN

Pilates is a mat-based class focussing on abdominal strength, posture and flexibility. It helps restore

the natural curves of the spine, relieve tension and enhance self confidence, resulting in a balanced body that looks fit, feels great and moves with ease.

Mondays 10am and 11am Wednesdays 7pm and 8pm Little Dewchurch Village Hall £8 per class

Pre-booking is essential as class numbers are limited to allow for individual attention

STOTT PILATES

Tel: 01432 840491 Email: alisonallan17@gmail.com





90+ Grand Birthday Community Tea celebration from 3:30pm – 5:30pm

A prize will be awarded for the best dressed Queen and Prince.

The committee would be very grateful for any offers of help with planning and on the day and If you would like to help, please contact **Sue Jones** on 540682

Advance Notice – Summer Show "Cash on Delivery"

Following the success of our past summer shows 'AlloAllo', and the Summer Variety Show, Little Birch Amateur Dramatic Society will be performing "Cash on Delivery" on the 16th, 17th& 18th June. Curtain up at 7:30pm each evening and supper will be provided.

Tickets are sure to sell fast so to secure yours before it's too late contact Jackie on 541027 or Margaret on 540374 £10 per person.

Duchy Walk

We are fortunate to have another Duchy walk arranged by **Geraint Richards**, Head Forester for the Duchy. Those of you who came on the walk round Athelstan's Wood last year may remember



Geraint offering to show us round Netherwood this year, another wood bought by the Duchy at the same time as Athelstan.

The walk will take place on Wednesday May 11th. It might be best to meet outside Little Birch village hall to share cars therefore reduce the number parking at Netherwood. Therefore please be at the village hall by 5.45 so that we can be at Netherwood ready to meet Geraint by 6.00. Alternatively meet us the entrance to Netherwood at 6.00.



BM KAYE TAXI

Local Taxi available no job too large or too small !!

Contact Brian Kaye on

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Have you had enough of cleaning, just haven't got the time or need a little extra help?

Would you like a one-off spring clean or regular visit? Just give me a call and I can arrange to come and discuss your requirements. Local references available.

Call Christine - Zea Cleaning. 01432-840489.Mobile - 07767 447145

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For those of you who don't know where Netherwood is, it is on the Hereford/Little Dewchurch road. Its entrance is almost opposite the turn to Aconbury.

Do join this Duchy walk, it will inform us of the Duchy plans for Netherwood over the next few years. These walks always prove very popular.

Come and join us in the village hall afterwards for refreshments (£3 for the village hall) where you will be able to talk to Geraint or his assistant. Ed Clark.

The Evergreen Club

On Tuesday, 10 May we are visiting Avebury Manor and Gardens.

We shall stop at Marlborough on the way to find lunch.

Cost £20 - or £12 for National Trust Members (£2 extra for non-members of the Evergreen Club).

The pick up times will be:

Brandon Coach Depot 8.45 The Park, Wormelow 8.55

Kings Thorn bus shelter 9.05 Much Birch Church bus stop 9.10 Axe & Cleaver bus stop 9.15 Peterstow (Broome Farm lay-by) 9.25 Fonteine Court - Ross 9.35

For enquiries or to book, please ring Bridget on 01981 540932

Yoga In Much Dewchurch at Steiner Academy. Mondays 6.00- 7.15

- Tension and stiffness?
- Back ache, backache, general aches and pains?
- Difficulty sleeping?

Learn how to relax and let go. Discover how you can move more freely and improve your posture. A practical approach to yoga that is adaptable to anyone regardless of age or physical condition. All welcome.

- Small group Classes.
- Small group Classes.
 Individual attention.
- Connect with your breath.
- · Link simple movements for health and well being.
- Suitable for those recovering from injuries.

Individual lessons also available. For more info contact Mike 01981 250

Sunday afternoon 3pm... Time for a tea party!



At Contact the Elderly, we hold free monthly Sunday tea parties for people aged 75 and over, who live alone and need a hand getting out and about. It's an ideal way to brighten up your Sunday and make new friends.

Our volunteer drivers will take you to and from the party safely as well as enjoying the tea with you. At the volunteer host's home you will receive a warm welcome and plenty of tea, cake and sandwiches.

We are developing a group in Hereford. If you would like to join or you know somebody who would, then please do get in touch.

Hannah John National Developement Officer Contact the Elderly 0207 881 2369 hannah.john@contact-the-elderly.org.uk www.contact-the-elderly.org.uk

> Contact the Elderly is a registered charity in England and Wales (1146149) and in Scotland (SC039377). Company Number (07869142) Registered office: 2 Grosvenor Gardens, London SW1W 0DH

Surgery with Ward Councillor

David Harlow

Much Birch
Community Hall

Tuesday May3rd

6.30-8.00PM

Church Services in May

May 1st 11am LBirch CW Communion

Easter 6 7pm MBirch Psalms, prayers/ Reflection

May 8th. 9.15am MBirch Family Communion Easter 7 11am LBirch Morning Worship

May 15th 9.15am MBirch Family Communion Pentecost 11am LBirch BCP Communion

Tuesday 2.30pm MBirch Healing Service May 17th

May 22nd 9.15am MBirch Morning Worship
Trinity Sun LBirch No Service but Communion
11am at Llanwarne

May 29th 10.30am Benefice Service at Turkey Tump Rogation Farm, Llanwarne on B 4348